



Little Fins Swimming

Group swim lessons for boys and girls ages 12 months and older

Sonoran Foothills Schedule

May, June, July & August

Little Fins Swimming

Little Fins offers an incredible array of challenging classes that will bring a lifetime of water fun to your child.

Program Features

- Consistent education produces outstanding results. Little Fins offers a variety of classes and recommends a twice a week program for maximum development.
- 30 minute classes
- Class ratios are a maximum of 6 students per instructor (Toddler Fins is parent assisted)
- \$95 per 4 week session (8 classes)
- Tuesday and Thursday Schedule

Parent Assisted Swim Lessons

Toddler Fins (Ages 12 months - 36 months)

Description: Water is fun! The child has an adult with him / her at all times. An introduction to aquatic classes through fun, innovative games. Pool safety, confidence in water and basic floating techniques are taught. Will also prepare your child for unassisted classes.

Independent Swim Lessons

Mini Fins

Experience: Child has no swimming experience / requires confidence in water

Description: For children ready to participate in an aquatic class on their own.

Skills Taught: Understanding of basic water safety rules, complete water adjustment skills, blow bubbles, supported and unsupported front and back float for 5 seconds, front and back kicking with support, demonstrating alternating arm stroke.

Little Fins

Experience: Child must be competent at skills taught at the Mini Fins level

Description: Skills Taught: prone and back glide with kick, coordinated back and front crawl for 5 yards, orientation to deep water, swim 10 yards front crawl with rhythmic breathing, swim 10 yards back crawl, jump into deep water and swim 10 yards, know how to call 911.

Junior Fins

Experience: Child must be competent at skills taught at the Little Fins level

Description: Skills Taught: swim 25 yards of front crawl with side breathing, swim 25 yards of back crawl, swim 10 yards of elementary backstroke kicks, swim 10 yards breaststroke kick and sidestroke kicks, tread water for 2 minutes.

Private Lessons

Experience: All levels of ability

If you feel the above classes do not cater to your child, or that you would like to see additional development, private lessons are also available at Sonoran Foothills or at your home. Please call the office to schedule your private lesson.

Telephone: (480) 585 7684

Fax: (480) 585 7684

Web: www.KicksKids.com

Kicks Kids, PMB 250, 21001 N Tatum Blvd., Suite # 78-1630, Phoenix AZ 85050

Sonoran Foothills Schedule for May, June, July & August (limited to residents & guests of Sonoran Foothills)

May **Dates:** 6, 8, 13, 15, 20, 22, 27, 29

Afternoon Classes (Tues & Thurs Class)

Group	Time	Code
Toddler Fins *	4-4.30 pm	LFA 34
Mini Fins	4.30-5 pm	LFA 35
Little Fins	5-5.30 pm	LFA 36
Junior Fins	5.30-6 pm	LFA 37

June **Dates:** 3, 5, 10, 12, 17, 19, 24, 26

Morning Classes (Tues & Thurs Class)

Group	Time	Code
Toddler Fins *	10-10.30 am	LFB 31
Mini Fins	10.30-11 am	LFB 32
Little Fins	11-11.30 am	LFB 33

Afternoon Classes (Tues & Thurs Class)

Group	Time	Code
Toddler Fins *	4-4.30 pm	LFB 34
Mini Fins	4.30-5 pm	LFB 35
Little Fins	5-5.30 pm	LFB 36
Junior Fins	5.30-6 pm	LFB 37

July **Dates:** 8, 10, 15, 17, 22, 24, 29, 31

Morning Classes (Tues & Thurs Class)

Group	Time	Code
Toddler Fins *	10-10.30 am	LFC 31
Mini Fins	10.30-11 am	LFC 32
Little Fins	11-11.30 am	LFC 33

Afternoon Classes (Tues & Thurs Class)

Group	Time	Code
Toddler Fins *	4-4.30 pm	LFC 34
Mini Fins	4.30-5 pm	LFC 35
Little Fins	5-5.30 pm	LFC 36
Junior Fins	5.30-6 pm	LFC 37

August **Dates:** 5, 7, 12, 14, 19, 21, 26, 28

Afternoon Classes (Tues & Thurs Class)

Group	Time	Code
Toddler Fins *	4-4.30 pm	LFD 34
Mini Fins	4.30-5 pm	LFD 35
Little Fins	5-5.30 pm	LFD 36
Junior Fins	5.30-6 pm	LFD 37

- * Parent Assisted
- Class Costs: \$95 per 4 week session (8 classes)
- Class schedules are subject to change
- Applicants are taken on a first come first serve basis
- There are no make ups due to inclement weather or missed sessions

Registration Form

Please complete form and mail into: **Kicks Kids, PMB 250, 21001 N Tatum Blvd., Suite # 78-1630, Phoenix AZ 85050**

Participant Information (please print clearly)

Name _____ Code _____
 Date of Birth ____/____/____ Age _____ Sex M / F

Participant Information (please print clearly)

Name _____ Code _____
 Date of Birth ____/____/____ Age _____ Sex M / F

Parent Information (please print clearly)

Name _____
 Street _____
 Phone (home) _____

City _____ State _____ Zip _____
 Phone (cell) _____

Please provide an email address that is checked regularly **(please print clearly)**

Email _____

Emergency Contact _____

Emergency Phone _____

Please include relevant medical information in writing with this application

I certify that my child(ren) above is / are in excellent health and are able to participate in physical activity, including soccer. I agree to hold Kicks Kids Enterprises, its agents, employees and contractors harmless from any and all claims for injuries sustained during my child(ren)'s participation in the program. Permission is granted for my child to receive emergency medical treatment. I grant permission for, and waive any rights to, the use of photographs and motion pictures at any events and their subsequent use in Kicks Kids Enterprise's information.

Signed _____ Date _____

Promotion In an effort to improve our customer service, please complete the following section, **how did you hear about us?**
 Word of Mouth School _____ Periodicals _____ Other _____

Credit Policy A credit voucher for full program fee will be issued for any cancellation prior to program. We do not offer cash refunds.

Discount Policy Family Discount - \$5 discount per child after 1st child has paid in full

Payment Total Cost \$ _____ Checks should be made payable to 'Kicks Kids'.

Confirmation Please note that your cleared check is confirmation of your registration!

Office Use

Rec.

Pay.

Comp.