



# Little Fins Swimming

Group swim lessons for boys and girls ages 12 months and older

Aviano Schedule

May, June, July & August

## Little Fins Swimming

Little Fins offers an incredible array of challenging classes that will bring a lifetime of water fun to your child.

### Program Features

- Consistent education produces outstanding results. Little Fins offers a variety of classes and recommends a twice a week program for maximum development.
- 30 minute classes
- Class ratios are a maximum of 6 students per instructor (Toddler Fins is parent assisted)
- \$105 per 4 week session (8 classes)
- Monday and Wednesday Schedule

### Parent Assisted Swim Lessons

#### *Toddler Fins (Ages 12 months - 36 months)*

Description: Water is fun! The child has an adult with him / her at all times. An introduction to aquatic classes through fun, innovative games. Pool safety, confidence in water and basic floating techniques are taught. Will also prepare your child for unassisted classes.

### Independent Swim Lessons

#### *Mini Fins*

Experience: Child has no swimming experience / requires confidence in water

Description: For children ready to participate in an aquatic class on their own.

Skills Taught: Understanding of basic water safety rules, complete water adjustment skills, blow bubbles, supported and unsupported front and back float for 5 seconds, front and back kicking with support, demonstrating alternating arm stroke.

#### *Little Fins*

Experience: Child must be competent at skills taught at the Mini Fins level

Description: Skills Taught: prone and back glide with kick, coordinated back and front crawl for 5 yards, orientation to deep water, swim 10 yards front crawl with rhythmic breathing, swim 10 yards back crawl, jump into deep water and swim 10 yards, know how to call 911.

#### *Junior Fins*

Experience: Child must be competent at skills taught at the Little Fins level

Description: Skills Taught: swim 25 yards of front crawl with side breathing, swim 25 yards of back crawl, swim 10 yards of elementary backstroke kicks, swim 10 yards breaststroke kick and sidestroke kicks, treads water for 2 minutes.

### Private Lessons

Experience: All levels of ability

If you feel the above classes do not cater to your child, or that you would like to see additional development, private lessons are also available at Aviano or at your home. Please call the office to schedule your private lesson.

Telephone: (480) 585 7684

Fax: (480) 585 7684

Web: [www.KicksKids.com](http://www.KicksKids.com)

Kicks Kids, PMB 250, 21001 N Tatum Blvd., Suite # 78-1630, Phoenix AZ 85050

## Aviano Schedule for May, June, July & August (limited to residents and guests of Aviano)

**May**      **Dates:** 5, 7, 12, 14, 19, 21, 26, 28

**Afternoon Classes (Mon & Weds Class)**

| <i>Group</i>   | <i>Time</i> | <i>Code</i> |
|----------------|-------------|-------------|
| Toddler Fins * | 4-4.30 pm   | LFA 44      |
| Mini Fins      | 4.30-5 pm   | LFA 45      |
| Little Fins    | 5-5.30 pm   | LFA 46      |
| Junior Fins    | 5.30-6 pm   | LFA 47      |

**June**      **Dates:** 2, 4, 9, 11, 16, 18, 23, 25

**Morning Classes (Mon & Weds Class)**

| <i>Group</i>   | <i>Time</i> | <i>Code</i> |
|----------------|-------------|-------------|
| Toddler Fins * | 10-10.30 am | LFB 41      |
| Mini Fins      | 10.30-11 am | LFB 42      |
| Little Fins    | 11-11.30 am | LFB 43      |

**Afternoon Classes (Mon & Weds Class)**

| <i>Group</i>   | <i>Time</i> | <i>Code</i> |
|----------------|-------------|-------------|
| Toddler Fins * | 4-4.30 pm   | LFB 44      |
| Mini Fins      | 4.30-5 pm   | LFB 45      |
| Little Fins    | 5-5.30 pm   | LFB 46      |
| Junior Fins    | 5.30-6 pm   | LFB 47      |

**July**      **Dates:** 7, 9, 14, 16, 21, 23, 28, 30

**Morning Classes (Mon & Weds Class)**

| <i>Group</i>   | <i>Time</i> | <i>Code</i> |
|----------------|-------------|-------------|
| Toddler Fins * | 10-10.30 am | LFC 41      |
| Mini Fins      | 10.30-11 am | LFC 42      |
| Little Fins    | 11-11.30 am | LFC 43      |

**Afternoon Classes (Mon & Weds Class)**

| <i>Group</i>   | <i>Time</i> | <i>Code</i> |
|----------------|-------------|-------------|
| Toddler Fins * | 4-4.30 pm   | LFC 44      |
| Mini Fins      | 4.30-5 pm   | LFC 45      |
| Little Fins    | 5-5.30 pm   | LFC 46      |
| Junior Fins    | 5.30-6 pm   | LFC 47      |

**August**      **Dates:** 4, 6, 11, 13, 18, 20, 25, 27

**Afternoon Classes (Mon & Weds Class)**

| <i>Group</i>   | <i>Time</i> | <i>Code</i> |
|----------------|-------------|-------------|
| Toddler Fins * | 4-4.30pm    | LFD 44      |
| Mini Fins      | 4.30-5pm    | LFD 45      |
| Little Fins    | 5-5.30 pm   | LFD 46      |
| Junior Fins    | 5.30-6 pm   | LFD 47      |

- \* Parent Assisted
- Class Cost: \$105 per 4 week session (8 classes)
- Class schedules are subject to change
- Applicants are taken on a first come first serve basis
- There are no make ups due to inclement weather or missed sessions

## Registration Form

Please complete form and mail into:      **Kicks Kids, PMB 250, 21001 N Tatum Blvd., Suite # 78-1630, Phoenix AZ 85050**

**Participant Information (please print clearly)**

Name \_\_\_\_\_ Code \_\_\_\_\_  
 Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Sex M / F

**Participant Information (please print clearly)**

Name \_\_\_\_\_ Code \_\_\_\_\_  
 Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Sex M / F

**Parent Information (please print clearly)**

Name \_\_\_\_\_  
 Street \_\_\_\_\_  
 Phone (home) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (cell) \_\_\_\_\_

Please provide an email address that is checked regularly **(please print clearly)**

Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Phone \_\_\_\_\_

**Please include relevant medical information in writing with this application**

*I certify that my child(ren) above is / are in excellent health and are able to participate in physical activity, including soccer. I agree to hold Kicks Kids Enterprises, its agents, employees and contractors harmless from any and all claims for injuries sustained during my child(ren)'s participation in the program. Permission is granted for my child to receive emergency medical treatment. I grant permission for, and waive any rights to, the use of photographs and motion pictures at any events and their subsequent use in Kicks Kids Enterprise's information.*

Signed \_\_\_\_\_ Date \_\_\_\_\_

**Promotion**      In an effort to improve our customer service, please complete the following section, **how did you hear about us?**  
 Word of Mouth       School \_\_\_\_\_       Periodicals \_\_\_\_\_       Other \_\_\_\_\_

**Credit Policy**      A credit voucher for full program fee will be issued for any cancellation prior to program. We do not offer cash refunds.

**Discount Policy**      Family Discount - \$5 discount per child after 1st child has paid in full

**Payment**      Total Cost \$ \_\_\_\_\_      Checks should be made payable to 'Kicks Kids'.

**Confirmation**      Please note that your cleared check is confirmation of your registration!

|                   |
|-------------------|
| <b>Office Use</b> |
| Rec.              |
| Pay.              |
| Comp.             |